



You Can Be a  
**Cool Kind Kid**<sup>®</sup>

## School Rules!

By Barbara Gilmour

“Hi kids, welcome back. Tanner, Nicole, Rudy, Stephen, Carmen and Truman the dragon are here today to learn more about being ‘Cool Kind Kids.’ What fun things did you do this summer?”

Tanner shared, “My family went to a cabin on a lake where we swam every day.” Rudy added, “I went to day camp and swam every day, too.”

Nicole said, “My family went hiking and mountain climbing. It was fun.” Carmen raised her hand to share, “My family went to the beach. It was hot, but we had a cool time.”

Truman was excited to share. “I did some fun things in my town, like the 4th of July parade. The fireworks were really cool.” Stephen added, “My family had a ‘staycation.’ We stayed home and did fun things together.”

“It sounds like you all had a fun summer. Now it’s back-to-school time.” Everyone groaned.

“I know it’s hard to think about school after a summer of fun, but school can be fun, too. Who remembers some of the ways we said to be cool and kind kids having summer fun?”

Carmen’s hand went up. “I learned to respect other people and their customs.”

Rudy shared, “If we take turns and share, we’ll have more fun at day camp.”

Tanner added, “Taking turns about what activities to do helps everyone get along better. Don’t be bossy and always want your way.”

“I think The Golden Rule helps everyone have fun,” said Nicole. “It applies everywhere.”

Truman raised his hand to share, “There were a lot of people at the 4th of July parade. It was really crowded, and some people were pushing and shoving. I didn’t think that was the kind or cool way to act. I’m big, so I tried to stay in the back so little kids could see.”

Everyone cheered for Truman. “You’re the coolest and kindest dragon we know!”

“You have good memories. Now let’s see how we can use these ideas to be cool and kind kids at school. Rudy, you mentioned taking turns and sharing. Where would you do those things at school?”

Rudy jumped up and shouted, “The playground! I love that place.”

Nicole added, “What about taking and turns and sharing library books, or things in our classroom?”

Stephen said, “Playing games or sports are where we need to take turns and share, too.”

Tanner got a big smile on his face and said, “We need to take turns and share everywhere at school so we all can get along.”

“You are right! Carmen learned to be respectful of others’ customs and beliefs when her friend traveled to a foreign country. How can we apply that to school?”

Nicole’s hand shot up. “I know. We are all different, and we shouldn’t tease or pick on someone who is not like us. We should accept everyone and try to be his or her friend.”

A SCHOOL RULES when kids are kind and cool to everyone at school.

*Barbara Gilmour, Tanner’s grandmom, is the creator and developer of the Tanner’s Manners: Be a “Cool Kind Kid” Social Skills, Character Values and Anti-Bullying educational materials and the award-winning “Cool Kind Kid” Audio CD. She also writes the Children’s Manners Blog, offering tips for teaching your children manners. <http://childrensmanners.blogspot.com>. © Cool Kind Kid. 866-KID-KIND. [www.CoolKindKid.com](http://www.CoolKindKid.com).*